

ANALYSIS CERTIFICATE**Analysis type and demander**

Analysis certificate asked by ATLAS OLIVE OILS

Product

Olivie Caviar

Lot N° : C18316

Arrival date

May 26th 2016

Analytical Results**POLYPHENOLS :**

1 tea spoon (5 g) of OLIVIE Caviar contains:

- 275 mg of total polyphenols
- 67 mg of hydroxytyrosol
- 6 mg of tyrosol
- 7 mg of oléocéine

Analysis method : HPLC.

OTHERS NUTRITONAL PARAMETERS per serving size:

Serving size 1 tea spoon (5 g)				Serving/container about 20			
Calories 2.3 (8.7)				Calories from fat 0.3 (<0.03)			
Amount/serving		%DV		Amount/serving		%DV	
Total fat 1.6 g		2.5%		Total carbohydrate 1.4g		0.6%	
Saturated fat 0.25 g		0.4 %		Dietary fiber 0.1g		<0.1%	
Unsaturated fat 1.35 g		2.1%					
Trans fat <0.03g		<0.1%		Sugars 0.15g			
Cholesterol 0.25 mg		0.4%		Proteins <0.03g			
Sodium 29.7mg		1.2%					

Vitamin A <3.3% * Vitamin C <18.3% * Calcium 4.7% * Iron 0.1%

* percent daily values (DV) are based on a 2000 calorie diet.

LB THE CRITICAL PARAMETERS per 100 grams:

Per 100 grams value.	Energetic value	728 kj/174 Kcal	*% Daily Values	8.7%
	Total fat	32 g		6.4%
Total Sterols mg/kg	Saturated fat	5 g	1695	1%
Cholesterol	Unsaturated fat	27 g	0.1%	5.4%
Brassicasterol	Total carbohydrate	28.7 g	0.07%	12.4%
Campsterol	sugars	3 g	3.6%	3%
ERYTHRODIOL+UVAOL	Proteins	0.5 g	2.5%	0.86%
(% total sterols)	Sodium	1.8 g		28%
Stigmastanol			0.7%	
* Percent daily values (DV) are based on a 2000 Calorie diet.				
Stigmastadienol		0.11%		

The recommended dosis is 5 grams per day. Thus, the above values are 20 times more the daily recommended intake.

Conclusion:

Olivie Caviar is very rich in polyphenols/antioxydants.



Laboratory Director
Director of the Biotechnology Unit and the Environnement
Fès, made on April 26th 2016.

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